

Bank Holiday Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool
				Public x 2 Lanes 7.00am - 9:15am				Public x 2 Lanes 7.00am - 9:15am		Piranhas 7:20am - 9:50am	Child Swim Lessons 9:05am - 1:40pm	Child Swim Lessons 9:10am - 1:20pm	Child Swim Lessons 9:05am - 1:05pm
		Public Swim 9:00am - 10:25am		Aqua-Fit 9:30am - 10:15am		School Swimming Lessons 9:45am - 1:30pm		Aqua-Fit 9:30am - 10:15am					
Public Swim 10:00am - 10:55am		Public Swim 10:30am - 11:25am		Private Hire 10:30am - 11:15am				School Swimming Lessons 10:30am - 1:30pm		Child Swim Lessons 10:00am - 1:25pm			
Public Swim 11:00am - 11:55am		Public Swim 11:30am - 12:25pm		School Lessons 11:15am - 12:00pm									
Public Swim 12:00pm - 12:55pm		Public Swim 12:30pm - 1:25pm		Public Swim 12:30pm - 1:25pm									
Public x2 Lane 1:00pm - 1:55pm		Public x2 Lane 1:30pm - 2:30pm		Public x1 Lane 1:30pm - 2:25pm		Public x2 Lane 1:45pm - 2:30pm		Public x2 Lane 1:45pm - 2:25pm					
		Public x2 Lane 2:35pm - 3:25pm		Public x2 Lane 2:30pm - 3:15pm		Public x2 Lane 2:35pm - 3:25pm		Public x2 Lane 2:30pm - 3:15pm		Public Swim 1:45pm - 2:35pm		Public Swim 1:45pm - 2:35pm	
		Public Swim 3:30pm - 4:25pm		Child Swimming Lessons 3:30pm - 5:40pm		Public Swim 3:30pm - 4:25pm		Child Swimming Lessons 3:30pm - 5:40pm		Public Swim 2:40pm - 3:30pm		Public Swim 2:40pm - 3:30pm	
		Public Swim 4:30pm - 5:45pm				Public Swim 4:30pm - 5:45pm				Public Swim 3:35pm - 4:25pm		Public Swim 3:35pm - 4:25pm	
	Piranhas 5:55pm - 6:55pm	Lessons Learner Pool		Rookie Lifeguard	Swimming Lessons	Piranhas 5:55pm - 6:55pm	Lessons Learner Pool	Lane Lessons	Swimming Lessons	Public Swim 4:30pm - 5:30pm		Public Swim 4:30pm - 5:20pm	
	Aqua-Fit 7:00pm - 7:45pm			5:50pm - 7:40pm	Learner Pool	Aqua-Fit 7:00pm - 7:45pm		5:50pm - 7:40pm	Learner Pool	Visit out Website or Book Online		Piranhas Swim Club 5:30pm - 7:30pm	
	Public x1 Lane 7:50pm - 8:35pm			Public x1 Lane 7:50pm - 8:35pm		Public x1 Lane 7:50pm - 8:35pm		Public x1 Lane 7:50pm - 8:30pm					
	Adult Swim 8.40pm - 9.30pm			Adult Swim 8.40pm - 9.30pm		Adult Swim 8.40pm - 9.30pm		For Hire Contact Reception					

**Child Admission Policy:**  
For public swimming sessions, all children under the age of 8 years must be accompanied by an adult/parent in the water; all children under 11 must have an adult on the premises who must remain in view of the child at all times. A Maximum of two under 8's per adult is permitted. We recommend that under 4's are accompanied by an adult/parent on a 1:1 basis.

**Timetable Colour Key**

- Lane Swimming
- Swim Camps / Courses
- Public Swim No Lanes
- Aqua-Fit
- Swim Lessons
- For Hire / Hired



Website: [www.portarlintonleisurecentre.ie](http://www.portarlintonleisurecentre.ie)  
Phone: 0578645800  
Book sessions online using VirtuaGym or phoning us

Child Swim	€4.50
Adult Swim	€7.50
O.A.P. / Student Swim	€5.00
Aquafit	€7.50
Adult Gym	€8.00
Adult Gym & Swim	€8.00



**Public Holidays the centre will be open 10am - 2pm**  
If you have any medical condition which could affect your safety while using the facilities, please inform a member of staff on each visit. People may book over the phone or on VirtuaGym. Please arrive before your session begins. Walk-ins are accepted however we are limited to a maximum bather load. Swimming hats must be worn by all bathers. Swimmers must shower before entering the swimming pool as per our pre-shower policy.