




Pool Timetable: 6th November - 3rd December 2017

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool
		Public (2L) 7.00am - 9.30am				Public (2L) 7.00am - 9.30am							
Aquafit & Public (1L) 9.30am - 10.30am		Public (1L) 9.30am - 10.30am		Aquafit & Public (1L) 9.30am - 10.30am		Public (1L) + (P&B) 9.30am - 10.30am		Aquafit & Public (1L) 9.30am - 10.30am		Piranhas Swim Club 7.30am - 9.55am		Child Lessons 9.50am - 11.25am	
See Timetable Supplement (On back) 10.45am - 1.00pm		See Timetable Supplement (On back) 10.45am - 1.00pm		See Timetable Supplement (On back) 10.45am - 1.00pm		See Timetable Supplement (On back) 10.45am - 1.00pm		See Timetable Supplement (On back) 10.45am - 1.00pm		Child Lessons 10.00am - 10.40am 10.45am - 11.25am 11.30am - 12.10pm		Early Bird Swim Entry before 12pm Adult €5.00, Child €3.00	
Public (3L) 1.00pm - 2.00pm		Public (3L) 1.00pm - 2.00pm		Public (3L) 1.00pm - 2.00pm		Public (3L) 1.00pm - 2.00pm		Public (3L) 1.00pm - 2.00pm		M Pool (1L) 12.15 - 1.45pm LPool 1.00pm-1.45pm		Public (1L) 11.30am - 1.45pm	
Public (1L) 2.00pm - 3.20pm		Public (1L) 2.00pm - 3.20pm		Public (1L) 2.00pm - 3.20pm		Public (1L) 2.00pm - 3.20pm		Public (1L) 2.00pm - 2.45pm		FUN SWIM 1.45pm - 3.00pm		FUN SWIM 1.45pm - 3.00pm	
Public (1L) 3.20pm - 5.00pm		Child Lessons 3.30pm - 4.10pm		Child Lessons 3.30pm - 4.10pm		Child Lessons 3.30pm - 4.10pm		Public + (LP Hired) 2.45pm - 3.30pm		Party Hire 3.05pm - 3.55pm		Party Hire 3.05pm - 3.55pm	
		Child Lessons 4.15pm - 5.00pm		Child Lessons 4.15pm - 5.00pm		Child Lessons 4.15pm - 5.00pm		Pool Disco & Public 3.30pm - 5.00pm					
Public (1L) 5.00pm - 5.45pm		Public (1L) 5.00pm - 5.45pm		Public (1L) 5.00pm - 5.45pm		Public (1L) 5.00pm - 5.45pm		Public (1L) 5.00pm - 5.45pm		Public (1L) 4.00pm - 5.30pm		Public (1L) 4.00pm - 5.30pm	
Child Lane Lesson 5.55pm - 6.55pm		Piranhas Swim Club 5.55pm - 6.55pm		Rookie 5.55pm - 6.55pm		Piranhas Swim Club 5.55pm - 6.55pm		Public + (2L Hired) 5.45pm - 7.00pm		For Hire 5.30pm - 6.15pm		 	
Public (1L) 7.00pm - 7.45pm		Aquafit & Public 7.00pm - 7.45pm		Public + (2L Hired) 7.00pm - 7.40pm		Aquafit & Public 7.00pm - 7.45pm		Public (2L) 7.00pm - 7.45pm					
Public (1L) 7.45pm - 8.30pm		Public (1L) 7.45pm - 8.30pm		Adult lessons 7.45pm - 8.25pm		Public (1L) 7.45pm - 8.30pm		Adult Swim (2L) 7.45pm - 8.30pm					
Adult Swim (2L) 8.30pm - 9.30pm		Adult Swim (2L) 8.30pm - 9.30pm		Adult Swim (2L) 8.30pm - 9.30pm		Adult Swim (2L) 8.30pm - 9.30pm		Timetable/prices are Subject to change					
CHILD ADMISSION POLICY: All children under the age of 8 years must be accompanied in the water for unprogrammed swimming sessions. A maximum of two under 8's per adult is permitted. We recommend that under 4's should be accompanied by a adult on a 1:1 basis. Children 8, 9 or 10 must be accompanied by a adult who must remain in view of the child in the water.								Swim Lessons		Timetable Supplement			
								Ball play at LG discretion		Pool Disco/Public			
								No-ball play session		1L / 2L / 3L Public lanes			
								For Hire/Hired		Part Hired - Last Friday of month, LP & part MP			

Child Swim €4.00
 Adult Swim, Sauna & Steam Room €7.00
 5pm Adult Swim €6.50
 O.A.P. / Student Swim, Sauna & Steam Room €5.00
 Aquafit Pay As You Go €7.00
 Adult Gym & Swim €8.00



Public Holidays the centre will be open 10am - 2pm

If you have any medical condition which could affect your safety while using the facilities, please inform a member of staff on each visit. Swimming hats must be worn by all bathers. All patrons must shower before entering the pools, sauna or steam room. Lockers are provided to safeguard your belongings. These work on a €1.00 coin return system. Change is available from reception. No-ball play sessions are ideal for nervous or weak swimmers who may want to avoid splashing etc.

Pool Timetable Supplement

6th - 12th Nov	Monday	Tuesday	Wednesday	Thursday	Friday
10.45am - 11.30am	Public (1L)	Public (1L)	Public (1L)	Public (1L)	Schools
11.30am - 12.10pm	Public (1L)	Public (1L)	Public (1L)	Public (1L)	Public (1L)
12.15pm - 1.00pm	Schools	Schools	Public (1L)	Schools	Public (1L)

13th - 19th Nov	Monday	Tuesday	Wednesday	Thursday	Friday
10.45am - 11.30am	Public (1L)	Public (1L)	Schools	Public (1L)	Public (1L)
11.30am - 12.10pm	Public (1L)	Public (1L)	Public (1L)	Public (1L)	Public (1L)
12.15pm - 1.00pm	Public (1L)	Schools	Public (1L)	Schools	Public (1L)

20th - 26th Nov	Monday	Tuesday	Wednesday	Thursday	Friday
10.45am - 11.30am	Public (1L)	Public (1L)	Public (1L)	Public (1L)	Schools
11.30am - 12.10pm	Public (1L)	Public (1L)	Public (1L)	Public (1L)	Public (1L)
12.15pm - 1.00pm	Public (1L)	Schools	Public (1L)	Schools	Public (1L)

27th Nov - 3rd Dec	Monday	Tuesday	Wednesday	Thursday	Friday
10.45am - 11.30am	Public (1L)	Public (1L)	Public (1L)	Public (1L)	Schools
11.30am - 12.10pm	Public (1L)	Public (1L)	Public (1L)	Public (1L)	Public (1L)
12.15pm - 1.00pm	Public (1L)	Schools	Public (1L)	Schools	Public (1L)