




## Pool Timetable: July 24th to July 30th 2017

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday											
Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool										
		Public (2L) 7.00am - 9.30am				Public (2L) 7.00am - 9.30am																	
Aquafit & Public (1L) 9.30am - 10.30am		Public (1L) LP Hired 9.30am - 10.30am		Aquafit & Public (1L) 9.30am - 10.30am		Public (1L) LP Hired 9.30am - 10.30am		Aquafit & Public (1L) 9.30am - 10.30am				Child Lessons 9:50am - 11.25am											
Public (1L) 10.30am - 11.20am		Public (1L) 10.30am - 11.20am		Public (1L) 10.30am - 11.20am		Public (1L) 10.30am - 11.20am		Private Hire 10.30am - 11.30am		Child Lessons 10.00am - 10.40am 10.45am - 11.25am 11.30am - 12.10pm		Early Bird Swim Entry before 12pm Adult €5.00, Child €3.00											
Rookie Camp 11.30am - 1.00pm		Rookie Camp 11.30am - 1.00pm		Rookie Camp 11.30am - 1.00pm		Rookie Camp 11.30am - 1.00pm		Rookie Camp 11.30am - 1.00pm															
Public 1.00pm - 5.45pm		Public (1L) 1.00pm - 3.20pm		Public (1L) 1.00pm - 3.20pm		Public (1L) 1.00pm - 4.10pm		Public (1L) 1.00pm-3.30pm		Public (1L) 12:10pm-1:45pm		Public (1L) 11.30am - 1.45pm											
		Child Lessons 3.30pm - 4.10pm		Child Lessons 3.30pm - 4.10pm		Child Lessons 4.15pm - 5.00pm		Pool Disco & Public 3.30pm - 5.00pm		FUN SWIM 1.45pm - 3.00pm		FUN SWIM 1.45pm - 3.00pm											
		Child Lessons 4.15pm - 5.00pm		Child Lessons 4.15pm - 5.00pm		Public (1L) 5.00pm - 6.00pm				Public (1L) 4.00pm - 5.30pm		Party Hire 3.05pm - 3.55pm		Party Hire 3.05pm - 3.55pm									
		Public (1L) 5.00pm - 7.00pm		Public (1L) 5.00pm - 5.45pm		Public (1L) 5.00pm - 6.00pm		Public (1L) 5.00pm - 7.00pm		Public (1L) 4.00pm - 5.30pm		Public (1L) 4.00pm - 5.30pm											
Child Lane Lesson 5.55pm - 6.55pm		Rookie 5.55pm - 6.55pm		Public 6.00pm - 7.00pm						For Hire 5.30pm - 6.15pm		 Like 											
Public (1L) 7.00pm - 7.45pm		Aquafit & Public 7.00pm - 7.45pm		Public (1L) 7.00pm - 7.45pm		Aquafit & Public 7.00pm - 7.45pm		Public (2L) 7.00pm - 7.45pm															
Public (1L) 7.45pm - 8.30pm		Public (1L) 7.45pm - 8.30pm		Public (1L) 7.45pm - 8.25pm		Public (1L) 7.45pm - 8.30pm		Adult Swim (2L) 7.45pm - 8.30pm															
Adult Swim (2L) 8.30pm - 9.30pm		Adult Swim (2L) 8.30pm - 9.30pm		Adult Swim (2L) 8.30pm - 9.30pm		Adult Swim (2L) 8.30pm - 9.30pm		Timetable/prices are Subject to change															
<p><b>Child Admisson Policy: All children under the age of 8 years must be accompanied in the water for unprogrammed swimming sessions. A maximun of two under 8`s per adult are permitted. We recommend that under 4`s should be accompanied by a adult on a1:1 basis. Children 8, 9 or 10 must be accompanied by a adult who must remain in view of the child in the water.</b></p>												Swim Lessons		Ball play at LG discretion		No-ball play session		For Hire/Hired				Working towards a healthier community	
												Pool Disco/Public		1L / 2L / 3L Public lanes									

Child Swim  
Adult Swim, Sauna & Steam Room  
5pm Adult Swim  
O.A.P. / Student Swim, Sauna & Steam Room  
Aquafit Pay As You Go  
Adult Gym & Swim



€4.00  
€7.00  
€6.50  
€5.00  
€7.00  
€8.00

**Public Holidays the centre will be open 10am - 2pm**

If you have any medical condition which could affect your safety while using the facilities, please inform a member of staff on each visit. Swimming hats must be worn by all bathers. All patrons must shower before entering the pools, sauna or steam room. Lockers are provided to safeguard your belongings. These work on a €1.00 coin return system. Change is available from reception. No-ball play sessions are ideal for nervous or weak swimmers who may want to avoid splashing etc.