


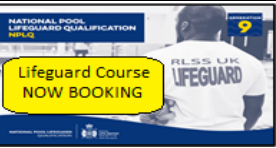



## Pool Timetable: 6th June - 12th June 2022

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool	Main Pool	Learner Pool		
		5.25am - 7.25am Laois Marlins Swim Club				5.25am - 7.25am Laois Marlins Swim Club									
		7.30am - 9.10am Public Swim (2 Lanes)				7.00am - 8.55am Public Swim (2 Lanes)								7.30am - 9.10am Public Swim (2 Lanes)	
8.30am - 10.30am Laois Marlins Swim Club		9.15am - 9.55am Aquafit (Shallow End) & Public Swim		9.00am - 1.00pm School Swimming Lessons		9.15am - 9.55am Aquafit (Shallow End) & Public Swim		9.00am - 1.00pm School Swimming Lessons		Laois Marlins 6.45am - 9.45am		Learner Pool only - Swimming Lessons 8:30am - 10.45am			
10.30am - 2.30pm Public Swimming		10.00am - 1.00pm School Swimming Lessons				11.00am-1.00pm School Swimming Lessons				Public Swim 10.00am - 10.45am (2 Lanes)					
		1.00pm - 1.45pm Public Swim (2 Lanes)		1.00pm - 1.45pm Public Swim (2 Lanes)		1.00pm - 1.45pm Public Swim (2 Lanes)		1.00pm - 1.45pm Public swim (2 lanes)		10.50am - 1.10pm Child Swimming Lessons					
		1.45pm - 2.30pm Public Swim		1.45pm - 2.35pm Public Swim		1.45pm - 2.30pm Public Swimming		1.45pm - 2.35pm Public Swimming							
		2.30pm - 3.15pm Public Swimming		2.35pm - 3.20pm Public Swimming		2.30pm - 3.15pm Public Swimming		2.35pm - 3.20pm Public Swimming							
		3:20pm - 5:45pm Child Swimming Lessons		3.20pm - 4.05pm Public Swimming		3:20pm - 5:45pm Child Swimming Lessons		3.20pm - 4.10pm Public Swimming							
				5.55pm - 6.40pm Rookie Lifeguard Course		5.40pm-6.40pm Child Swimming Lessons		5.55pm-7.25pm Laois Marlins		Learner Pool Swimming Lessons		5.50pm - 6.40pm Public Swimming		2.45pm - 3.30pm Public Swimming	
		6.45pm-7.30pm Public Swimming		6.45pm-7.30pm Public Swimming				6.40pm - 7.25pm Public Swimming		3.30pm - 4.15pm Public Swimming		3.30pm - 4.15pm Public Swimming			
		7.30pm - 8.20pm Aquafit (Shallow End) & Public Swim		Public Swim 7.30pm - 8.20pm		Laois Leisure Learner Pool Swimming Lessons		7.30pm - 8.20pm Aquafit (Shallow End) & Public Swim		7.30pm - 9.30pm Laois Marlins Swimming Club		4.15pm - 5.00pm Public Swimming		4.15pm - 5.00pm Available to Hire	
		8.25pm - 9.15pm Adult Swim (2 Lanes)		8.25pm - 9.15pm Adult Swim (2 Lanes)		8.25pm - 9.15pm Adult Swim (2 Lanes)		8.25pm - 9.15pm Adult Swim (2 Lanes)		  					
		9.15pm - 10.15pm Available To Hire		9.15pm - 10.15pm Available To Hire		9.15pm - 10.15pm Trilogy Triathlon Club		9.15pm - 10.15pm Trilogy Triathlon Club							
<p><b>CHILD ADMISSION POLICY:</b> For Public Swimming sessions: all children under the age of 8 years must be accompanied by an adult/parent in the water; all children U-11 must have an adult on the premises who must remain in view of the child. A maximum of two under 8's per adult is permitted. We recommend that under 4's should be accompanied by a adult on a 1:1 basis.</p>												<p>Scan our QR code to bring you to our Portlaoise website. Laoisleisure.ie is currently under construction.</p>			
								<ul style="list-style-type: none"> <li>● 25m Lane Swimming</li> <li>● Public Swim No Lanes</li> <li>● Aquafit (Shallow End) Swim Lessons</li> <li>● For Hire / Hired</li> </ul>							