

# Membership Rates

Gym & Pool Membership Rates						Pool Membership Rates					
Category	Annual	6 Month	3 Month	1 Month	DD	Category	Annual	6 Month	3 Month	1 Month	DD
Adult	€495	€270	€165	€60	€49	Adult	€350	€192	€140	€50	€40
Couple	€795	€432	€250	€85	€75	Couple	€600	€330	€235	€75	€65
OAP	€350	€192	€125	€45	€35	OAP / Student	€275	€150	€110	€40	€30
Student (16+)	€350	€192	€125	€45	€35	Off-Peak	€275	€150	€110	€40	€30
Off-Peak	€350	€192	€125	€45	€35	Child (11 Yrs to 15 Yrs)*	€195	€120	€85	€30	€20
<b>Family: (1 Adult + )</b>						<b>Family: (1 Adult + )</b>					
1 Adult + 1 Child	€545	€300			€59	1 Adult + 1 Child	€400	€240			€50
1 Adult + 2 Children	€595	€330			€69	1 Adult + 2 Children	€450	€270			€60
1 Adult + 3 Children	€645	€360			€74	1 Adult + 3 Children	€500	€300			€65
1 Adult + 4 Children	€695	€390			€79	1 Adult + 4 Children	€550	€330			€70
<b>Family: (2 Adults + )</b>						<b>Family: (2 Adults + )</b>					
Couple + 1 Child	€845	€462			€85	Couple + 1 Child	€650	€390			€75
Couple + 2 Children	€895	€492			€95	Couple + 2 Children	€700	€420			€85
Couple + 3 Children	€945	€522			€100	Couple + 3 Children	€750	€450			€90
Couple + 4 Children	€995	€522			€105	Couple + 4 Children	€800	€480			€95

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All of the above Membership options commence on the 1<sup>st</sup> day of the month.

If you join on any other date, a pro-rata option will allow instant access until your membership start date.

If paying by Direct Debit, your first months payment will be required upfront if you join after the 15<sup>th</sup> of the month.

Student rate available to full-time students only (I.D. required)

\* Child (11 Yrs -15 Yrs) memberships – parent / guardian form must be completed





# Pay As You Go

Category	Gym & Swim	Gym Only	Fitness Class	Swim Ticket
Adult	€8.00	€7.00	€7.00	€7.00
Adult (5pm)	N/A	N/A	N/A	€6.00
Student (16+) / O.A.P.	€6.00	€5.00	N/A	€5.00
Child	N/A	N/A	N/A	€4.00
<b>Family</b>	<b>Children are not permitted access to Sauna, Steam Room or Gym</b>			
- 1 Adult & 1 Child	N/A	N/A	N/A	€10.00
- 1 Adult & 2 Children	N/A	N/A	N/A	€13.00
- 1 Adult & 3 Children	N/A	N/A	N/A	€15.00
- 1 Adult & 4 Children	N/A	N/A	N/A	€17.00
- 1 Adult & 4 Children	N/A	N/A	N/A	€19.00
- 2 Adults & 1 Child	N/A	N/A	N/A	€14.00
- 2 Adults & 2 Children	N/A	N/A	N/A	€16.00
- 2 Adults & 3 Children	N/A	N/A	N/A	€18.00
- 2 Adults & 4 Children	N/A	N/A	N/A	€20.00
- 2 Adults & 5 Children	N/A	N/A	N/A	€21.00

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## 5 Sessions of Personal Training

Free with all Gym Memberships

Session 1 - Day 1

- Goal Setting
- Health Screening
- Baseline Assessment



Session 2 - Day 3

- Induction
- Personalised Programme



Session 3 - Day 10

- Nutrition Programme
- Gym Session

Session 4 - Week 6

- Progress Assessment
- Programme refinement

Session 5 - Week 12

- Progress Assessment
- Programme refinement

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www.portarlingtonleisurecentre.ie

Rates As of March 1st 2017