

**PADDLES UP PORTARLINGTON  
CANADIAN CANOEING & KAYAKING  
PROGRAMME**



**Course Dates:** Friday May 10th, 17th, 24th, 31st, June 7th & Finale on Saturday June 8th.

**Fridays's:** 6pm—9pm & finale on Saturday June 8th.

**Venue:** Portarlington Leisure Centre

**Cost:** €50 per person. **(SPECIAL DISCOUNT AVAILABLE)**

**SPECIAL NOTES**

Adults & Young People 16+ Welcome

Participants will achieve Level 1 & 2 Skill Proficiency

Participants **MUST** commit to attend **all Sessions**

Minimum of 18 hours instruction

Advance booking & Payment of €50/person required

Complete the Registration Form

**Payment Methods**

Pay directly at Portarlington Leisure Centre reception or

Card payment over the phone at 057-8645800

**SPECIAL DISCOUNT:**

**€20 discount/person for payments made by 9pm, May 8th.**

**Queries/Further Information**

Portarlington Leisure Centre: 057-8645800 or [info@portarlingtonleisurecentre.ie](mailto:info@portarlingtonleisurecentre.ie)

Sport & Leisure Section, Laois County Council: 057 8664058 or [sports@laoiscoco.ie](mailto:sports@laoiscoco.ie)

*Proudly Supported by Waterways Ireland, Laois County Council, Port' Leisure Centre*